

# Kak povadilas Paranya

(Russia)

The dance song comes from the Belogrod region in south Russia. The dance is based on two typical steps of that region, the perestupaniye (closing step) and peresek (drabushki step with counter rhythm). The choreography is by Hennie Konings and was first introduced by him in 2006 in Akademie Remscheid in Germany. The name translates as "Paranya had a habit."

Pronunciation: KAHK pah-VAH-dee-lahs pah-RAHN-yah

CD: Russian Dances by Hennie Konings, Stockton 2006

2/4 meter

Formation: Couples in two concentric circles, partners facing, no hand hold.

Steps: Drobushki step: Stamp on R in place with wt (ct ah); stamp on L in place with wt (ct 1); stamp on R in place with wt (ct &); stamp on L in place with wt (ct 2).

## Meas

## Pattern

INTRODUCTION. No action. Upbeat plus first line of song.

## DANCE

- 1-4 With 8 steps beg R, change places with ptr giving R hand.
- 5-8 Releasing hands and keep them down, take 8 steps fwd beg R, outer circle moving in LOD (CCW), inner circle moving RLOD (CW).
- 9 Raising both hands above head, small step fwd on R (ct 1); small step fwd on L, upper body moving slightly sdwd to R (ct &); stamp R next to L, no wt, upper body bending slightly to R side (ct 2).
- 10 Repeat meas 9, first bringing upper body upright on ct 1.
- 11-12 Repeat meas 9-10.
- 13-14 Lowering hands and bringing them on waist, 3 steps R-L-R and a stamp L, no wt, in place while turning 1/4 CCW to face other circle.
- 15-16 3 steps L-R-L and a stamp R in place while turning 1/4 further CCW to face opp direction.
- 17-20 Raising hands again, repeat meas 9-12 fwd, outer circle moving CW, inner circle moving CCW.
- 21-24 Continuing in same direction, walk 8 steps, lowering hands to sides.
- 25-28 Facing ptr, 4 Drobushki steps in place, beg on upbeat of previous meas.
- 29-30 Repeat meas 13-14, moving slightly bkwd away from each other.
- 31-32 Repeat meas 15-16, moving slightly fwd twd each other.

Repeat the dance with the same ptr, but changing from outer to inner circle and vice versa.

Presented by Hennie Konings